

IPhO2023 Tokyo: Excursion Courses

During IPhO2023 Tokyo, we plan to have participants enjoy two half-day excursions in the Tokyo area on July 12 (Wed) and 14(Fri), and two full-day excursions in the Kanto district (area around Tokyo) on July 15 (Sat) and 16 (Sun).

In the Team Registration Form, you will be asked to make choice of excursion courses your team wish to participate. The assignment of course and date will be made by the IPhO2023 organizer so as to meet your selections as closely as possible.

In addition to these excursions, events for experiencing Japanese culture will be held in the National Olympics Memorial Youth Center, hereafter Olympic Center (OC), in the evenings of July 11 (Tue) through the 13 (Thu). Please join in these free-for-all optional events, too!

Half-day Tokyo Sightseeing

You can pick two out of the following four courses

July 12 (Wed)	A-1 Yokohama A-2 Asakusa & Ueno A-3a Odaiba (Tokyo Joypolis)
July 14 (Fri)	A-3b Odaiba (National Museum of Emerging Science and Innovation ("Miraikan"))

Full-day Kanto Sightseeing

You can pick two out of the following four courses

July 15 (Sat)	B-1 Hakone B-2 Tsukuba B-3 Nikko
July 16 (Sun)	B-4 Kamakura

* Half-day excursions for Leaders, Observers and Guests will be conducted on July 11 and 13, based on the Ueno and Odaiba courses.

* Transportation, admission fees, and meals will be covered by the IPhO2023 organizer. Other local expenses (such as special exhibitions, local souvenirs, refreshments, etc.) must be paid separately by participants themselves.

Schedule for Contestants (Students):

	morning --- early afternoon	late afternoon -- evening	
July 9th (Sun)	Registration Get Together		
July 10th (Mon)	Registration Opening Ceremony	Free Time Cultural Experience Events	
July 11th (Tue)	Examination (Experiment)	Cultural/Scientific Experience Events	
July 12th (Wed)	Half-day Tokyo Excursion 1	Cultural/Scientific Experience Events	
July 13th (Thr)	Examination (Theory)	Cultural/Scientific Experience Events	
July 14th (Fri)	Half-day Tokyo Excursion 2	Special Lectures/ Dinner Party	
July 15th (Sat)	Full-day Kanto Excursion 1		
July 16th (Sun)	Full-day Kanto Excursion 2		
July 17th (Mon)	Closing Ceremony	Farewell Lunch	Departures

A-1: Yokohama



Yokohama Chinatown



Cosmo World



Yokohama
Landmark Tower

Highlights

Yokohama is a famous harbor city with the international seaport that was opened in the Edo period. Yokohama has been vigorously acquiring new cultures and information from foreign countries and introducing first-time-ever things to Japan from foods to a wide range of cultures, which entitles Yokohama as the birthplace of Japan's modern culture. This Yokohama course offers a tour of the history, culture, tourist places, and local activities of the Yokohama area.

What can you do?

Schedule: OC (Olympic Center) →(bus)→ Yokohama (free time) →(bus)→ OC
You can visit a variety of popular sightseeing spots in Yokohama.

Here is the example below ↓

- Yokohama Chinatown
 - You can grab delicious Chinese foods !
- CosmoWorld
 - Compact but varied amusement park famous for ferris wheel ! 🎡
- Yokohama Landmark Tower
 - Sushi, Studio Ghibli, Weekly Shonen Jump...everything is there ! 🍣
- Harbor View Park
 - You can enjoy perfect ocean view ! 🌊
- Yokohama Red Brick Warehouse
 - You can enjoy shopping at historical warehouse ! 🧱
- Cupnoodle Museum
 - Let's make your own original cup noodle ! 🍜

*You can have more information about Yokohama by clicking [here](#) !

A-2: Asakusa & Ueno



Senso-ji



National Museum of Nature and Science



Tokyo National Museum

Highlights

Asakusa is the central "shitamachi" (downtown) in Tokyo. Asakusa is a town known for traditional performing arts such as Kabuki. There still retains the old downtown atmosphere in Nakamise, one of the most famous streets in Japan. The second town you will visit is Ueno, famous for many cultural facilities. Since the Ueno Park opened as the first national park in Japan in 1876, Ueno has developed into a cultural city with many museums. In this course, you will explore the Japanese history!

What can you do?

Schedule: OC → Asakusa (free time including lunch) → Ueno (one museum) → OC

*For the Ueno area, you will choose either National Museum of Nature and Science or Tokyo National Museum to visit.

Below, some spots in this course ↓

- Nakamise (old shopping street famous since the Edo period (1603-1867), 89 shops, 250-m long)
 - You will have Japanese foods and souvenirs (fees for buying souvenirs are not included) while walking along Nakamise.

*For more information, click [here!](#)

- Beautiful and famous scenery with Asakusa area
 - You can take pictures of some famous spots: Tokyo Skytree, Kaminari-mon.
- National Museum of Nature and Science ([Link to Homepage](#))
 - You can learn about the history of the Earth and Japan with various exhibitions. (e.g. fossils of dinosaurs).
- Tokyo National Museum ([Link to Homepage](#))
 - You can see various works of art from Asia, with a focus on Japanese art.

A-3: Odaiba



JOYPOLIS



National Museum of Emerging Science and Innovation

Highlights

Odaiba is a large landfill island in Tokyo Bay, famous for being the most modern active seaside place. There are vast parks, large commerce facilities, sightseeing spots, etc. Its history goes back to the Edo period (1603-1867), when Commodore Perry visited Japan's shores in 1853. With this incident, the Edo government decided to strengthen coastal defenses and started to build Odaiba. Until today, Odaiba has developed as a commercial and leisure area. In this course, you will enjoy the modern city and the cutting edge of science!

What can you do?

Schedule: OC → Odaiba (JOYPOLIS / Miraikan) → OC

*In this course, you will choose either JOYPOLIS (A-3a) or the National Museum of Emerging Science and Innovation ("Miraikan", A-3b) to visit.

Below, main spots in this course

- JOYPOLIS (an indoor amusement park using latest technology)
 - You can enjoy thrilling rides and activities.
 - You will experience exciting lights, sounds, and physical motions.
- National Museum of Emerging Science and Innovation ("Miraikan")
 - You will experience today's technological progress, including space exploration and life science.

*For more information, click [here!](#)

B-1: Hakone



Hakone shrine



Black egg



Pirate ship ride

Highlights

Hakone is a mountainous area that has long been known as an important transportation hub since the Kamakura period (1185-1333). Hakone has been famous for hot springs since the Edo period (1603-1868), and still many tourists visit Hakone for the sake of healing. One of the specialties in Hakone is the black egg. Sulfur from the hot springs turns the egg's color to black. In this course, you can fully enjoy the nature of Hakone. We hope you can see Mt. Fuji from the ropeway!

What can you do?

Schedule: OC (Olympic Center) → Owakudani → Ropeway → Hakone En → Pirate ship ride → Hakone shrine → OC

- Hakone Shrine
 - Famous shrine with the historical torii gate.
- Owakudani
 - You can eat famous the black boiled eggs.
 - You may need to pay attention to the smell of sulfur wafting from the hot springs!
- Near the Ashinoko lake

You can ride

- Pirate ship
- Ropeway

Do you need more information? Visit this [page](#)!

B-2: Tsukuba



KEK



KEK



Ropeway to Mt. Tsukuba

Highlights

Tsukuba is widely known as a “Science City” of Japan located in the suburb area at the North of Tokyo. Various institutions such as Japan Aerospace Exploration Agency (JAXA) and the Geospatial Information Authority of Japan (GSI) as well as Tsukuba University develop the latest academic research with people gathered from all over the world. In this Tsukuba course, you have an opportunity to experience the fundamental technologies from The High Energy Accelerator Research Organization (KEK), which will be followed by relaxing in nature on the top of Mt. Tsukuba. You can get to Mt. Tsukuba by using a ropeway and cable car. From the peak, the vast view of the Kanto area can be seen.

What can you do?

Schedule: OC → KEK → Mount Tsukuba → OC

- ★ 2-hours lab. tour of The High Energy Accelerator Research Organization (KEK)
 - Operate the largest particle physics laboratory in Japan
- ★ Lunch in KEK
- ★ Hike in Mount Tsukuba
 - Ride on a cable car and ropeway.
 - Panorama view of Tsukuba and Tokyo
 - Shrine at the bottom of the mountain

Check following websites for more information.

[KEK Website](#)

[Tsukuba Trip Guide](#)

B-3: Nikko



Kegon falls



Theater in the Edo wonderland



Yomeimon in the Nikko Toshogu

Highlights

Nikko's history as a religious place can go back to 766. Since then, not only majestic buildings but also beautiful paintings or sculptures in temples and shrines have fascinated people for a long time. Also, Nikko has been known to be an ideal place for leisure. Between Meiji (1868-1912) and the early Showa era, many foreign embassies built their villas in Nikko. If you join this course, you can relax in nature and visit famous shrines constructed in Nikko. You can experience "live" Edo culture, too.

What can you do?

Schedule: OC → Kegon falls → Nikko Toshogu → Nikko Edo-mura (Edo Wonderland) → OC

- Nikko Toshogu (World heritage)
 - You can see traditional majestic architecture.
- Kegon fall
 - You can feel nature and relax.
- Edo Wonderland
 - You can enjoy "live" Edo culture.

Need more information? Visit this [page!](#)

B-4: Kamakura



Hachimangu Shrine / Kotokuin Temple / Hokokuji Temple

Highlights

Kamakura is a coastal town in Kanagawa Prefecture, less than an hour away from south of Tokyo by train. The town became the political center of Japan, when Minamoto Yoritomo chosen it as the seat for his new military government in the late 12th century. Today, Kamakura is a small city but a very popular tourist destination. Sometimes called as the Kyoto of Eastern Japan, Kamakura offers numerous temples, shrines and other historical monuments. In addition, beautiful Kamakura's sand beaches attract large crowds during the summer.

What can you do?

☆In this course, we don't prepare a fixed route. You can choose where to visit according to your preferences.

- Hachimangu Shrine (National Important Cultural Property)
 - You can enjoy the atmosphere of historic shrine.
- Kotokuin Temple
 - You can see the Great Buddha, which is a symbol of Kamakura.
- Hokokuji Temple
 - You can enjoy a bamboo forest and maccha tea.
- Yuigahama beach
 - You can get in the sea and may take photogenic pictures.

Need more information? Watch [this video](#) or visit [here](#)!